Join the Challenge!

Join us for **Miles that Matter for KIF1A**, a challenge to complete **28 miles in 28 days** however you choose throughout February (Rare Disease Month) in an effort to raise awareness and support research for treatment and a KAND cure!

KIF1A
KIF1A.ORG

February 1-28, 2026

www.runsignup.com/MilesThatMatterForKIF1A

Join us for **Miles that Matter for KIF1A** during Rare Disease month by signing up to complete 28 miles however you choose! Our challenge kicks off on February 1st, but you can commit to it by signing up today!

For those with KIF1A Associated Neurological Disorder, many aspects of life are made harder...eating, seeing, talking, breathing, and more. KAND causes moving to be more difficult too. Some will never walk and those who do, may lose that ability unfortunately.

As parents and caregivers, we have learned not to take many things for granted. We want to help keep our kids strong and know it's important for us to stay strong for them too. We ask that you take on this challenge with us to move forward physically however you can *(walking, riding, swimming, anything goes!)* and help us move forward by supporting research for treatment and a cure.

You can join an existing team**,** create your own team (great for team building at work!), or sign up as an individual. Each person is still expected to try to complete 28 miles in some way though.

Questions: events@kif1a.org.
Sign Up: **www.runsignup.com/MilesThatMatterforKIF1A**