



Table Topics: KAND in Adulthood

1

Opening Speakers (10–15 Minutes)

- Janie MacMichael, KAND Warrior
- Betsy MacMichael, KAND Mom

2

Quick Introductions (4 Minutes)

- Your name
- What brings you to the KAND Conference
- Where you're from

3

Pick a Scribe & Timekeeper (1 Minute)

- The Scribe will document important insights, concerns, questions, themes, etc. in the notebook provided

4

Discuss (40 Minutes)

- For families with adults living with KAND: what is daily life like? What are your biggest obstacles? Your biggest triumphs or joys?
- What are some uncertainties you have about your loved one living in adulthood?
- What are some things that families can do to prepare for KAND in adulthood?
- What do you want for your loved one's future?

5

Document Takeaways & Action Items (5 Minutes)

- For individuals: What are your biggest takeaways from this conversation? What will you do with this information?
- For the group: How can the KIF1A.ORG community (as a whole or specific individuals) provide more support for families related to this topic?